“To say that a war or other humanitarian crises are too complex is the easiest excuse of all - the excuse for doing nothing. But inaction in such a case is not really an inaction, it is equivalent to siding with the strongest” - these are the words of one of the most prominent female frontline reporters - Francesca Borri, whom I brought in to Aleppo as the last foreign correspondent there. During the lecture, I will talk about the engagement of self into helping others, through humanitarian aid and frontline journalism.